

&gt;&gt;&gt; NEWSLETTER &lt;&lt;&lt;

# FOOD4kids

Sustainability through food literacy in kindergartens



**THE CHILDREN AND STAFF FROM BAKKLANDET KINDERGARTEN PREPARE DELICIOUS AND EXCITING FOOD**

## DATA COLLECTION IN NORWAY

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In 2024, we have recruited 17 external Norwegian kindergartens (in addition to the 10 from Trondhjems Asylselskap) into the project and interviewed about sustainability 116 school starters from Trondheim, Alta and Bergen. We have also interviewed five employees who are responsible for cooking and 300 employees have answered a questionnaire about their experiences with food and meals in kindergarten. 15 kindergartens have also provided data on the food purchased during one year, which PhD student Kristin Langsrud will analyze.

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In Italy and Sweden, data collection from kindergarten staff has begun using questionnaires. Twelve preschools from Sweden and seven from Italy have so far agreed to participate in this study. Child interviews will be conducted in spring 2025.

## DATA COLLECTION IN ITALY AND SWEDEN

# EECERA CONFERENCE

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We have been at the EECERA 2024 conference in Brighton in September 2024 and we have presented a poster and given three talks with results from the project. Two articles based on framework plans and guidelines for food and meals in the three countries are soon ready for submission to journals.



**PER-ARVID, ANNA, KATHRINE, CLAUDIA AND FARHANA AT EECERA IN BRIGHTON (UK)**

## FIRST RESULTS FROM INTERVIEWS WITH CHILDREN

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In November 2024, we have presented at the Natural Sciences Seminar in Oslo the first results from children's interviews about food and sustainability in Norway. Results so far confirm previous studies where we have used the same methods. We are waiting for data from Italy and Sweden to write a joint article.

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Cooking classes with the parents of children attending kindergartens from Trondhjems Asylselskap are planned for January 2025 under the direction of Heidi Bjerkan and Credo Kompetansesenter.

## COOKING CLASSES WITH PARENTS

## BEEKEEPING COURSE

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We have followed a beekeeping course and produced our own honey in order to be able to offer kindergartens who are interested in bees to have their own beehive or invite the children to visit our apiary at DMMH. The kindergartens will choose which educational themes and activities they want to focus on and bees can be connected to both food and interdependencies in nature.

