

Excursion to Frøset farm Tuesday afternoon/evening



Outdoor play is a target area for QMUC. At Frøset we teach how to actively use the children's and/or kindergarten's neighborhood for playing and learning.

QMUQ owns a farm in the countryside (20 minutes by car). The farm is perfect for outdoor activities. The farm is located near a lake, just outside of the built-up areas of Trondheim, and close to Granåsen ski jump.

Frøset in wintertime



Working with logs, creating a bridge.



By the campfire at Frøset farm



Eating outside



Outdoor play

Suggested programme

17:15 Traveling from QMUC to Frøset by Maxitaxi. Approximately 15 people + private cars. Ca 20 minutes driving time. Then about 30 minutes walking along a gravel road.

18:10 Arrival at Frøset. We will have a dinner made on fire: Creamy porridge and cured meat. Perhaps also lamb sausages + bread. The participants can make their own "leipje" bread and roast on the fire. We will also make bonfire coffee.

Afterwards, a tour and a presentation about how Frøset is used in education, and a bit about nature playgrounds, risky play, connection to nature, freedom, etc.

19:30 Return from Frøset. 20 min walk to Granåsen Parking.

20:00 Maxitaxi from Granåsen Parking

20:30 Arrival in Trondheim city centre or the conference hotel

Please note: We will need to have a registration deadline and give info about necessary shoes and clothes for the "nature hike".